

Proudly using Riverland local produce

SALADS PACKS 6.50

Served with a garden salad

- ROAST CHICKEN TENDERLOIN
- HAM
- EGG
- TUNA
- CHEESE

SPECIALTY SALADS 7.00

■ CHICKEN CAESAR

chicken tenderloins, cos lettuce, egg, crispy bacon, croutons, parmesan cheese and ranch dressing

■ TANDOORI CHICKEN

roasted chicken tenderloins, tomato, cucumber, onion & yoghurt

■ TANGY TOMATO

penne pasta with cucumber and tangy tomato dressing

SANDWICHES 4.50

- AVOCADO & CHEESE
- ROAST CHICKEN
- HAM
- EGG
- VEGEMITE
- CHEESE & SALAD
- TURKEY CRANBERRY

Add salads - lettuce, tomato, cheese, cucumber, carrot

WRAPS 5.80

With choice of salad on the app

- TURKEY
- HAM
- CHICKEN
- VEGAN HUMMUS, AVOCADO, HUMMUS, ALFALFA, CUCUMBER, TOMATO

PASTRIES 5.50

- MEAT PIE 6
- SAUSAGE ROLL 4
- PASTY 6
- WHOLEMEAL VEGETARIAN PASTY 6.5
- JUNIOR PIE 4
- QUICHE 6
- GLUTEN FREE PIE 6.5

SUSHI 5.50

- VEGETARIAN SUSHI

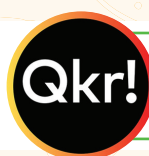
■ Green foods

■ Amber foods

The AMBER items will rotate through the week

**LOW
GLUTEN**

Low gluten products do not contain gluten as a listed ingredient, however they are prepared in kitchens containing gluten. Although we follow strict food handling procedures, there is always a risk of cross-contamination.



Orders need to be placed on the QKR! app before your schools cutoff time.

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HOT FOODS

7.00

- **PLANT BASED CHICKEN SCHNITZEL**
with tomato, lettuce, cheese & mayo
- **SPINACH AND FETA SAVOURY MUFFIN**
with freshly made salad
- **CHICKEN TACO SALAD**
with lettuce, tomato, avocado, chicken & sour cream
- **MEAT BALLS, GRAVY & CHEESE HOT ROLL**
- **FRESHLY CRUMBED CHICKEN SCHNITZEL BURGER**
with cheese, bacon, lettuce, tomato & mayo
- **CHICKEN YIROS**
with lettuce, cheese, tomato & yoghurt
- **GRILLED CHICKEN BURGER**
with lettuce, tomato & cheese
- **HANDMADE HAMBURGER**
with cheese & sauce
- **BOLOGNAISE (LEAN BEEF MINCE)**
with pasta, packed with hidden vegetables
- **LASAGNE**
- **BAKED POTATO**
with bolognese sauce
- **NACHOS**
with mild salsa & sour cream
- **PLAIN HOTDOG** 5.5
- **HOTDOG WITH CHEESE** 5.8
- **HAM & CHEESE CROISSANT** 5.2
- **OVEN BAKED CHICKEN NUGGET** .9
- **PIZZA** 5.2
- **GLUTEN FREE BURGER BUN** 1

SNACKS

3.00

- **FRESH FRUIT CUPS**
- **MINI MUFFINS**
- **YOGHURT**
- **JELLY**
- **CHOCOLATE CUSTARD**
- **POPCORN** 2.5
- **BANANA CHIPS** 2.5
- **CHOCOLATE DONUT** 4.5
- **CHEESE & BISCUITS** 3

DRINKS

3.00

- **ORANGE JUICE**
- **APPLE JUICE**
- **APPLE BLACKCURRANT JUICE**

Flavoured milks & Up & Go

3.50

- **CHOCOLATE**
- **STRAWBERRY**
- **HONEYCOMB**
- **VANILLA**
- **WATER** 2.5

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